



River Valley Indoor

50m	Shyenne Hayes	25.44	26th
	Anne Dunne	23.34	31st
	Olivia Schreckel	23.1"	33rd
Long jump	Alyssa Hill	10'2 1/2"	14th
	Autumn Geyer	8'7"	15th
High jump	Mariya Schroeder	4'8"	5th
	Becca Schroeder	4'6"	6th
60m	Allison Lawrence	9.11	16th
	Kaitley Miller	9.12	17th
	Lisa Beckley	9.55	25th
60m hurdles	Mariya Schroeder	10.25	5th
	Anna Ambrosy	10.44	6th
	Becca Schroeder	10.52	9th
	Kyilee Biederman	11.07	19th
4x200	Kyilee Biederman, Mariya Schroeder, Becca Schroeder, Kaitley Miller	1:59.40	8th
4x200(JV)	Allison Lawrence, Tara Linden, Lisa Beckley, Ashley Nemmers	2:29.24	15th
1500	Cam Reeg	5:08.08	2nd
	Autumn Geyer	6:17.46	15th
200m	Kyilee Biederman	29.32	4th
	Kaitley Miller	30.44	15th
	Becca Schroeder	30.59	16th

800m workout pulled world

Alyssa Hill	2:58.25	10th
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winner

Healthy-mutt's Invite

100m	Allison Lawrence	14.39	6th
	Kaitley Miller	14.51	7th
800m	Alyssa Kramer	2:39.07	2nd
	Annika Frank	2:45.89	6th
1500	Cam Reeg	5:24.88	1st
	Autumn Geyer	6:20.25	6th
3000	Cam Reeg	11:22.99	1st
100 hurdles	Holly Hennig	20.67	7th
4x100	Anna Ambrosy, Becca Schroeder, Mariya Schroeder, Kaitley Miller	5:56.44	4th
1x100(JV)	Allison Lawrence, Kylee Biederman, Holly Hennig, Micki Haxmeier	5:05.2	8th
4x200	Allison Lawrence, Tara Linden, Becca Schroeder, Ashley Nemmers	2:26.28	4th
Sprint	Anna Ambrosy, Kylee Biederman, Allison Lawrence, Alyssa Kramer	2:05.24	3rd
Sprint(JV)	Ashley Nemmers, Holly Hennig, Tara Linden, Autumn Geyer	2:19.59	2nd
D medley	Kaitley Miller, Annika Frank, Ashley Haxmeier, Alyssa Kramer	4:40.94	2nd
D medley(JV)	Ashley Nemmers, Autumn Geyer, Tara Linden, Alyssa Hill	5:40.20	2nd
Shuttle Hurdles	Becca Schroeder, Mariya Schroeder, Kyilee Biederman, Anna Ambrosy	1:17.35	2nd
HJ	Becca Schroeder	4-8	1st
	Mariya Schroeder	4-4	5th
LJ	Holly Hennig	13-10	6th
Discus	Shyenne Hayes	82-04	7th

Clinton Relays

800m	Alyssa Kramer	2:31.52	3rd
	Annika Frank	2:44.18	8th
1500	Alyssa Kramer	5:29.25	1st
	Autumn Geyer	6:10.62	4th
100 hurdles	Mariya Schroeder	17.85	6th
	Anna Ambrosy	18.16	7th
4x100	Anna Ambrosy, Allison Lawrence, Becca Schroeder, Kylee Biederman	5:46	4th
Sprint medley	Anna Ambrosy, Micki Haxmeier, Allison Lawrence, Annika Frank	2:02.37	2nd
Distance medley	Becca Schroeder, Alyssa Kramer, Becca Schroeder, Kylee Biederman	4:39.97	2nd
Shuttle Hurdles	Mariya Schroeder, Kyilee Biederman, Becca Schroeder, Anna Ambrosy	1:19.4	2nd
High Jump	Becca Schroeder	4-8	2nd
	Mariya Schroeder	4-6	4th

### Tipton Co-ed

Shot	Annika Dunne	24'1" 00	8th
Discus	Annika Dunne	54'2"	7th
High jump	Manisa Schroeder	4'8"	12th
Long jump	Holly Henry	14'4"	4th
3000	Cam Reeg	11:17.13	1st
Shuttle Hurdle	Manisa Schroeder	1:40.98	1st
100	Allison Lawrence	14.50	5th
JV Distance med	Tara Lindan	5:15.86	1st
Distance med	Kylee Biederman	4:37.21	2nd
4x200	Allison Lawrence	2:10.08	4th
100 hurdles	Manisa Schroeder	1:49.31	3rd
800	Annika Frank	2:45.43	5th
200	Nicky Haszmeier	2:08.7	5th
JV Sprint med	Ashley Nemmers	2:19	1st
Sprint med	Anna Ambrosy	2:02	2nd

1500	Alyssa Kremer	5:19.92	1st
1000	Autumn Geyer	4:06.56	5th
JV 4x100	Ashley Nemmers		1st
4x100	Allison Lawrence		1st
4x100	Becca Schroeder		1st
4x100	Manisa Schroeder		1st
4x100	Kylee Biederman		1st

### Northeast Coed

800m	Alyssa Kremer	2:28.76	3rd
1500	Alyssa Kremer	5:12.02	1st
100 hurdles	Anna Ambrosy	16.90	2nd
4x100	Anna Ambrosy	53.33	2nd
4x200	Allison Lawrence	1:58.03	1st
Sprint med	Anna Ambrosy	2:00.02	2nd
Distance med	Kylee Biederman	4:24.14	1st
Shuttle Hurdle	Anna Ambrosy	1:08.97	1st
High jump	Becca Schroeder	4'8"	3rd
Long jump	Holly Henry	14'3 1/2"	5th
JV 4x100	Allison Lawrence	56.24	1st
JV 4x200	Ashley Nemmers	2:07.47	1st

### Cascade Relay

Long jump	Holly Henry	13'11 1/4"	6th
3000	Cam Reeg	11:22.32	1st
1000	Allison Lawrence	4:26	5th
400m	Alyssa Kremer	1:05.85	5th
Distance medley	Ashley Nemmers	5:15.06	8th
4x200	Allison Lawrence	2:04.42	5th

# Conference

3000	Cam Reeg	11:17.85	2 <sup>nd</sup>
Shuttle	Beca Schroeder Anna Ambrosy Marissa Schroeder Kylee Biedermann	1:09.42	4 <sup>th</sup>
100 m	Alban Lawrence	13.61	8 <sup>th</sup>
Distance medley	Kately Miller Nicky Hammer Annika Frank Alyssa Kremer	4:31.86	4 <sup>th</sup>
100 hurdles	Anna Ambrosy	16.10	3 <sup>rd</sup>
	Marissa Schroeder	17.03	9 <sup>th</sup>
800	Alyssa Kremer	2:26.09	5 <sup>th</sup>
Sprint medley	Anna Ambrosy Beca Schroeder Nicky Hammer Annika Frank	2:00.32	4 <sup>th</sup>
1500	Cam Reeg	5:06.43	3 <sup>rd</sup>
	Alyssa Kremer	5:06.79	4 <sup>th</sup>
4x100	Anna Ambrosy Beca Schroeder Kylee Biedermann Kately Miller	5:40.3	7 <sup>th</sup>
HJ	Beca Schroeder	5'0"	3 <sup>rd</sup>
	Marissa Schroeder	4'10"	7 <sup>th</sup>

State  
3000  
1500  
800  
100 hurdles  
4x100  
Shuttle  
Districts

School record  
Shuttle Hurdle

High jump	Beca Schroeder	4-10	4 <sup>th</sup>
	Marissa Schroeder	4-10	6 <sup>th</sup>
Long jump	Holly Hemg	14-4	8 <sup>th</sup>
3000	Cam Reeg	11:09.27	3 <sup>rd</sup>
Shuttle Hurdle	Beca Schroeder Anna Ambrosy Kylee Biedermann Marissa Schroeder Kately Miller	1:08.63	3 <sup>rd</sup>
Distance medley	Nicky Hammer Annika Frank Alyssa Kremer	4:32.28	5 <sup>th</sup>
100 hurdles	Anna Ambrosy Marissa Schroeder	16:19	2 <sup>nd</sup>
		16:18	3 <sup>rd</sup>
800 m	Alyssa Kremer	2:27.75	4 <sup>th</sup>
Sprint medley	Anna Ambrosy Beca Schroeder Nicky Hammer Annika Frank	1:59.28	6 <sup>th</sup>
1500	Cam Reeg	5:11.59	3 <sup>rd</sup>
	Alyssa Kremer	5:10.18	2 <sup>nd</sup>
4x100	Anna Ambrosy Beca Schroeder Kylee Biedermann Nicky Hammer	5:29.5	2 <sup>nd</sup>

# State

Shuttle Hurdle	Beca Schroeder Kylee Biedermann Anna Ambrosy Marissa Schroeder	1:08.66	Finals 5 <sup>th</sup>
100 m hurdles	Anna Ambrosy	17.82	21 <sup>st</sup>
3000 m	Cam Reeg	10:55.85	8 <sup>th</sup>
800 m	Alyssa Kremer	2:24.09	13 <sup>th</sup>
1500	Alyssa Kremer	5:05.22	13 <sup>th</sup>
	Cam Reeg	5:06.87	16 <sup>th</sup>
4x100	Anna Ambrosy Beca Schroeder Kylee Biedermann Alban Lawrence	5:23	21 <sup>st</sup>