

2014

# U.D. Indoor Meet

		prelim	final
55m dash	Anne Nolting	7.75	7.74 <u>5th</u>

## Camanche

Shot put	Kelsey Hickson	32'3"	6th
Shuttle	Anna Ambrosy marissa Schroeder	Jackie Kremer Rachel Kilburg	1.15.8 <u>5th</u>
100m	Anne Nolting	12.88	4th
400m	Halley Scholtes	1.07.78	6th

<del>Distance medley</del>	Cayley Plessl Kortney Kirby	Alyssa Kremer Kristina Koo	5:01.8 <u>5th</u>
----------------------------	--------------------------------	-------------------------------	-------------------

4x100	Anna Ambrosy Rachel Kilburg	Taylor Baranetz Anne Nolting	54.12 <u>5th</u>
-------	--------------------------------	---------------------------------	------------------

JV Distance medley	Taylor Baranetz Maddie Hiland	Clare Davis molly Sieverding	5:15 <u>2nd</u>
--------------------	----------------------------------	---------------------------------	-----------------

JV 100 hurdles	Jackie Kremer marissa Schroeder	18.92	tie 2nd
----------------	------------------------------------	-------	---------

JV 200	Maddie Hiland	30.15	4th
--------	---------------	-------	-----

JV Sprint med	Cayley Plessl Jackie Kremer	Holly Henry Clare Davis	2:18 <u>5th</u>
---------------	--------------------------------	----------------------------	-----------------

JV 4x200	Allison Lawrence Kortney Kirby	marissa Schroeder Alyssa Kremer	57.2 <u>5th</u>
----------	-----------------------------------	------------------------------------	-----------------

## Clinton

Shot put	Kelsey Hickson	31'2 1/2"	4th
----------	----------------	-----------	-----

Discus	Kelsey Hickson	83'6"	6th
--------	----------------	-------	-----

Shuttle Hurdle	Anna Ambrosy marissa Schroeder Jackie Kremer Rachel Kilburg	1.14.37	3rd
----------------	--	---------	-----

100m	Anne Nolting	13.39	2nd
------	--------------	-------	-----

	Allison Lawrence	13.87	7th
--	------------------	-------	-----

Distance medley	Taylor Baranetz Holly Henry	molly Sieverding Kristina Koo	5:08 <u>8th</u>
-----------------	--------------------------------	----------------------------------	-----------------

400m	Halley Scholtes	1:09.01	5th
------	-----------------	---------	-----

4x200	Rachel Kilburg Alyssa Kremer	Allison Lawrence Kortney Kirby	1:59.59 <u>5th</u>
-------	---------------------------------	-----------------------------------	--------------------

100 hurdles	marissa Schroeder	15.13	8th
-------------	-------------------	-------	-----

4x100	Anna Ambrosy Rachel Kilburg	marissa Schroeder Anne Nolting	52.96 <u>2nd</u>
-------	--------------------------------	-----------------------------------	------------------

4x400	Maddie Hiland Kristina Koo	molly Sieverding Halley Scholtes	4:48.18 <u>6th</u>
-------	-------------------------------	-------------------------------------	--------------------

## Tipton Co-ed

4x100	Anna Ambrosy Rachel Kilburg	marissa Schroeder Anne Nolting	53.30	3rd
-------	--------------------------------	-----------------------------------	-------	-----

100m	Anne Nolting	12.92	1st
------	--------------	-------	-----

	Allison Lawrence	13.79	5th
--	------------------	-------	-----

Discus	Kelsey Hickson	89'5"	2nd
--------	----------------	-------	-----

Shot put	Kelsey Hickson	32'2"	2nd
----------	----------------	-------	-----

	Kelsey Jess	29'4"	4th
--	-------------	-------	-----

Long jump	Maddie Hiland	12'8 3/4"	4th
-----------	---------------	-----------	-----

D medley	Taylor Baranetz Kortney Kirby	molly Sieverding Kristina Koo	4:56.84 <u>3rd</u>
----------	----------------------------------	----------------------------------	--------------------

400m	Halley Scholtes	1:08.62	2nd
------	-----------------	---------	-----

JV 4x200	Cayley Plessl Maddie Hiland	Skye Hankamer Kortney Kirby	2:07.08 <u>1st</u>
----------	--------------------------------	--------------------------------	--------------------

4x200	Anne Nolting Allison Lawrence	Holly Henry Alyssa Kremer	1:58.66 <u>4th</u>
-------	----------------------------------	------------------------------	--------------------

100 hurdles	Anna Ambrosy	16.43	2nd
-------------	--------------	-------	-----

	Rachel Kilburg	17.64	3rd
--	----------------	-------	-----

800m	molly Sieverding	2:52.57	6th
------	------------------	---------	-----

200m	Taylor Baranetz	31.38	6th
------	-----------------	-------	-----

Sprint med	Anne Nolting Rachel Kilburg	Kortney Kirby Alyssa Kremer	2:04.45 <u>3rd</u>
------------	--------------------------------	--------------------------------	--------------------

JV 4x100	Cayley Plessl Allison Lawrence	Holly Henry Taylor Baranetz	55.61 <u>2nd</u>
----------	-----------------------------------	--------------------------------	------------------

4x400	Maddie Hiland Kristina Koo	Halley Scholtes molly Sieverding	4:57.25 <u>5th</u>
-------	-------------------------------	-------------------------------------	--------------------

## Cascade

Left early

100	Anne Nolting	(3rd)
-----	--------------	-------

Shuttle Hurdle	Rachel Kilburg Jackie Kremer	1:12.22 (1st)
----------------	---------------------------------	---------------

	marissa Schroeder	
--	-------------------	--

	Anna Ambrosy	
--	--------------	--

Distance medley	Holly Henry Kortney Kirby	5:11.86
-----------------	------------------------------	---------

	molly Sieverding	(6th)
--	------------------	-------

	Kristina Koo	
--	--------------	--

Shot put	Kelsey Hickson	31'3" (6th)
----------	----------------	-------------

	Kelsey Jess	30'1 1/2" (6th)
--	-------------	-----------------

# Mentello Coed (Added)

100 m	Anne Nolting	13.09	3rd
180 hurdles	Anna Ambrosy	18.43	5th
	Rachel Kilburg	17.43	2nd
4x100	Anna Ambrosy Rachel Kilburg Rachel Kilburg Anna Ambrosy	Anna Ambrosy Allison Lawrence Jackie Kremer Skye Hankemeier	52.51 1st 3rd 4th
Shuttle Hurdle	Anna Ambrosy Anna Nolting	Rachel Kilburg Halley Scholtes	1:16.97 4th
Sprint medley	Anna Ambrosy Anna Nolting	Rachel Kilburg Halley Scholtes	2:03.32

## Maggiolata

100m	Anne Nolting	12.89	3rd
200m	Rachel Kilburg	27.88	5th
100 hurdles	Anna Ambrosy	17.08	5th
4x100	Anna Ambrosy Rachel Kilburg Allison Lawrence	Allison Lawrence Anne Nolting Kortney Kirby	52.07 2nd 7th
4x200	Maddie Hillard Rachel Kilburg	Allysa Kremer Jackie Kremer	2:00.01 7th 4th
Shuttle Hurdle	Marissa Schroeder Allison Lawrence	Anna Ambrosy Kortney Kirby	1:10.40 4th 7th
Sprint med	Anna Nolting	Allysa Kremer	2:04.52 7th
Distance med	Taylor Banovetz Kortney Kirby	Molly Steward Kristina Koss	5:17.88 7th

## JV

100m	Allysa Kremer	14.10	1st
	Skye Hankemeier	15.08	7th
200m	Skye Hankemeier	32.12	7th
100 hurdles	Jackie Kremer	18.18	2nd
4x100	Taylor Banovetz Kortney Kirby Maddie Hillard Marissa Schroeder	57.10	1st

## Conference

Discus	Kelsey Hickson	88'2"	8th
Shot put	Kelsey Hickson	31'10 1/2"	7th
Shuttle Hurdle	Rachel Kilburg Marissa Schroeder	Jackie Kremer Anna Ambrosy	1:10.44 2nd
100m	Anne Nolting	12.56	3rd
400m	Halley Scholtes	1:09.36	5th
200m	Rachel Kilburg	27.16	5th
Sprint medley	Anna Ambrosy Anna Nolting Anna Ambrosy	Kortney Kirby Allysa Kremer Allison Lawrence	2:01 5th 5th
4x100	Rachel Kilburg	Anna Nolting	51.12 2nd
4x400	Halley Scholtes Grace Witt Kristina Koss	Molly Steward	4:48.62 (7th)

State  
100  
4x100

Shuttle hurdle	Rachel Kilburg Marissa Schroeder	Jackie Kremer Anna Ambrosy	1:10.56 (3rd)
100 m	Anne Nolting	12.96	(2nd) State
	Allison Lawrence	13.79	(8th)
400 m	Halley Scholtes	1:09.05	(7th)
4x200	Allison Lawrence Halley Henry	Marissa Schroeder Allysa Kremer	2:01 (6th)
200 m	Rachel Kilburg	28.26	(4th)
4x100	Anna Ambrosy Rachel Kilburg	Allison Lawrence Anne Nolting	State (1st)
4x400	Halley Scholtes Grace Witt	Molly Steward Allysa Kremer	4:48 (8th)
100 m hurdles	Anna Ambrosy	Rachel Kilburg	16.60 (3rd) State 5th 17.34

School records  
100 m  
100 hurdles

## State

100m	Anne Nolting	12.71	13.02
100 hurdles	Anna Ambrosy	16.21	(9th) School record
Shuttle hurdle	Rachel Kilburg Marissa Schroeder	Jackie Kremer Anna Ambrosy	1:09.9 (13th)
4x100	Anna Ambrosy Rachel Kilburg Allison Lawrence Anne Nolting	2:01	(13th)

# Best Efforts 2014

Shot put	Kelsey Hickson	32-3
Discus	Kelsey Hickson	89-5
Long jump	Maddie Hiland	13-7
High jump		
3000		
4x800		109.90
Shuttle Hurdle	Rachel Kilburg Jackie Kremer Marissa Schroeder Anna Ambrosy	1:10.00
100 m	Anne Notting	12.71
Distance medley	Taylor Bonnette Mollys Kortney Kirby Kristina Koss	4:56.84
400 m	Hailey Schottles	1:08.02
4x200	Anne Notting Holly Heng Alison Lawrence Alyssa Kremer	1:56.66
100 hurdles	Anna Ambrosy	16.21
800 m	Molly Sieverding	2:52.57
200 m	Rachel Kilburg	27.40
400 hurdles		
Sprint medley	Anna Ambrosy Kortney Kirby Anne Notting Alyssa Kremer	2:01.31
1500 m		
4x100	Anna Ambrosy Alison Lawrence Rachel Kilburg Anne Notting	5:11.31
4x400	Hailey Schottles Alyssa Kremer Grace Witt Molly Sieverding	4:46.3