

State Indoor

2008

60m

Molly Sieverding 8.49 31st  
out 214

500m

Katie Fogel 2:40.29 54th  
out 191

4x100

55.12 33out 99

Sprint med A Reed B Brown 1:58.75  
B Rozelka L Witt

1500m Cassie McDonald 5:18.91

4x100 M Sieverding A Reed 52.37  
B Roth C Korolka

State qualification (21st) 52.77

4x400 K Fogel B Frett 4:28.93  
C Grutz L Witt

Conference Indoor

conference record (2nd)

55m dash Molly Sieverding 7.38 7.57

Becca Roth 7.85 7.82

Ashley Reed 7.75 8.19

4x800 Olivia Ambrose Andrea Frank (3rd) 11:10.99  
Katie Fogel Anna Lampe

4x200 Molly Sieverding Paige Daugherty (5th) 1:58.90  
Becca Roth Chelsea Korolka

1500m Madeline Schroeder (2nd) 6:00.10

Kaitlin Kilburg (5th) 6:02.69

400 Anna Lampe 1:08.18 (5th)

800 Katie Fogel 2:39.02 (2nd)

200 Molly Sieverding 29.17 (2nd)

Paige Daugherty 29.78 (4th)

Camanche Relays

Long jump Paige Daugherty 13'7 (6th)

3000 Kaitlin Kilburg 12:29 (3rd)

Bree Moore 12:31 (4th)

4x800 Anna Lampe Madeline Schroeder 10:57 (2nd)  
Andrea Frank Katie Fogel

Shuttle Hurdle Becca Roth Chelsea Korolka 1:17.53 (6th)  
Kendra Kirk Britany Hill

100 Molly Sieverding 13.02 (2nd)

Ashley Reed 13.65 (4th)

400 Leah Witt 1:07.66 (4th)

4x200 Molly Sieverding Ashley Reed 1:56.34 (2nd)  
Becca Roth Paige Daugherty

800 Katie Fogel 2:36.35 (3rd)

200 Molly Sieverding 28.13 (3rd)

Paige Daugherty 28.9 (6th)

1500 Madeline Schroeder 5:47.59 (3rd)

400 hurdles Anna Lampe 1:16.01 (3rd)

4x100 Molly Sieverding Ashley Reed 54.29 (2nd)  
Becca Roth Chelsea Korolka

4x400 Andrea Frank Katie Fogel 4:27.19 (2nd)  
Paige Daugherty Leah Witt

Clinton Relays

3000m Kaitlin Kilburg 12:21.51 (4th)

Bree Moore 12:45.65 (6th)

4x800 Andrea Frank Madeline Schroeder Olivia Ambrose 11:24.97 (6th)  
Kendra Kirk Anna Finberg

Shuttle Hurdle Becca Roth Chelsea Korolka 1:16.88 (5th)

Distance Medley Molly Sieverding Leah Witt 4:37.36 (3rd)  
Becca Roth Katie Fogel

100m Molly Sieverding 13.04 (1st)

400m Anna Lampe 1:06.11 (4th)

4x200 Molly Sieverding Ashley Reed 1:57.58 (2nd)  
Becca Roth Paige Daugherty

100 hurdles Chelsea Korolka 17.8 (6th)

500m Katie Fogel 2:35.04 (3rd)

Andrea Frank 2:41.94 (5th)

200m Paige Daugherty 29.03 (5th)

400 hurdles Anna Lampe 1:14.69 (2nd)

Sprint Medley Lindsey Boyer Rachel Wilson 2:18.7 (6th)  
Liz Cunningham Amanda T

1500 Madeline Schroeder 5:38.67 (6th)

4x100 Molly Sieverding Ashley Reed 54.00 (2nd)  
Becca Roth Chelsea Korolka

4x400 Andrea Frank Paige Daugherty 4:34.6 (5th)  
Katie Fogel Leah Witt

# Tipton

4x800	Andrea Frank Madelin Schroeder	Anna Lampe O.W.A. Ambrosy	10:53.21	(5th)
100m	Molly Sieverding		12.99	(5th)
Distance med	Molly Sieverding Becca Roth	Leah Witt Katie Fogel	4:37.21	(4th)
400m	Anna Lampe		1:05.88	(5th)
4x200	Molly Sieverding Becca Roth	Ashley Reed Paige Daugherty	1:55.32	(2th)
200	Paige Daugherty		29.42	(6th)
4x100	Molly Sieverding Becca Roth	Ashley Reed Chelsea Kozelka	53.35	(4th)

## Northwest

HJ	Anna Freberg	4'4"		(2nd)
LJ	Anna Lampe	135 1/4		(3rd)
	Anika Meyer	13'3 3/4"		(5th)
3000m	Bree Moore	12:39.14		(3rd)
4x800	A. Frank K. Fogel	M. Schroeder O. Ambrosy	10:45.24	(1st)
100m	Molly Sieverding		12.67	(1st)
Distance med	T. Peterka R. Willbers	A. Templeton N. Sullivan	5:35.66	(6th)
400m	Anna Lampe		1:04.59	(4th)
JV 4x200	A. Mueller R. Willbers	A. Freberg A. Meyer	2:05.58	(3rd)
4x200	M. Sieverding B. Roth	A. Reed P. Daugherty	1:54.15	(2nd)
800m	Katie Fogel		2:32.11	(3rd)
	Andrea Frank		2:36.93	(5th)
200m	Molly Sieverding		27.55	(3rd)
	Paige Daugherty		28.86	(5th)
400 hurdles	Anna Lampe		1:15.26	(1st)
JV Sprint med	R. Willbers L. Caughron	T. Peterka A. Freberg	2:19.72	(2nd)
Sprint med	B. Roth A. Reed	P. Daugherty O. Ambrosy	2:06.30	(4th)

1500 m	Bree Moore		5:54.80	(5th)
	Madelin Schroeder		5:47.35	(4th)
JV 4x100	R. Willbers L. Caughron	T. Peterka A. Meyer	1:11.6	(3rd)
4x100	M. Sieverding B. Roth	A. Reed P. Daugherty	52.97	(1st)
4x400	O. Ambrosy K. Fogel	L. Witt A. Lampe	4:40.35	(3rd)

## Midland

Long jump	Anna Lampe	5th	14'6"
3000	Bree Moore	5th	12:34.01
	Kaitlin Klilburg	3rd	12:27.11
4x800	A. Frank O. Ambrosy	M. Schroeder K. Fogel	10:43.64
Shuttle Hurdle	K. Krick B. Roth	A. Freberg C. Kozelka	1:16.4
100	Molly Sieverding	1st	12.83
	Ashley Reed	5th	13.25
Distance medley	R. Willbers A. Meyer	A. Mueller A. Templeton	5:19.5
400 m	Anna Lampe	2nd	1:04.68
	Leah Witt	4th	1:07.9
4x200	M. Sieverding B. Roth	A. Reed P. Daugherty	1:54.6
100 hurdles	Chelsea Kozelka	5th	1:17.5
800 m	Katie Fogel	2nd	2:33
	Andrea Frank	5th	2:40.5
400 hurdles	Anna Lampe	3rd	1:12.81
	Kendrea Kirk	5th	1:23.17
1500 m	Madelin Schroeder	4th	5:43.67

4x100	Molly Sieverding	
	Bear Roth	1st
	Ashley Reed	52.40
	Paige Daugherty	
4x400	Andrea Frank	1st
	Anna Lampe	
	Leah Witt	4:28.42
	Katie Flajel	
	Molly Sieverding	
200	Molly Sieverding	27.42 2nd
	Paige Daugherty	2:8.33 5th

Maguokeka			
3000	Kaitlin Kilburg	12.20.39	5th
	Bree Moore	12.15.03	1st
4x800	Andrea Frank	Madeline Schneider	
	Olivia Ambrose	Amada Topolka	10.55.53 6th
100m	Molly Sieverding	13.15	4th
400m	Leah Witt	1:05.46	6th
800m	Katie Flajel	2:38.72	1st
	Andrea Frank	2:38.24	5th
400 hurdles	Anna Lampe	1:14.72	3rd
4x100	Molly Sieverding	Ashley Reed	52.32 2nd
	Bear Roth	Paige Daugherty	
	Molly Sieverding	Anna Lampe	4:28.04 3rd
	Bear Roth	Katie Flajel	

Cascade Meet			
3000m	Kaitlin Kilburg	12:51	4th
	Bree Moore	12:54	5th
4x800	A Frank	M Schneider	
	O Ambrose	K Flajel	10:35.49 2nd
100m	Molly Sieverding	13.48	2nd
	Ashley Reed	14.11	4th
400m	Anna Lampe	1:06.36	4th
	Leah Witt	1:06.95	5th
4x200	M Sieverding	A Reed	
	B Roth	P Daugherty	1:55.34 1st
100 hurdles	Chelsea Kozelka	17.97	5th
800	Katie Flajel	2:34.09	2nd
	Andrea Frank	2:41.43	4th
200m	Molly Sieverding	27.74	2nd
	Ashley Reed	28.21	3rd
400 hurdles	Anna Lampe	1:13.38	1st
Sprint med	R Wilber	C Kozelka	
	A Meyer	L Witt	2:07.74 4th
1500	Madeline Schneider	5:46.24	5th
4x100	M Sieverding	A Reed	
	B Roth	P Daugherty	52.53 1st
Long jump	Anna Lampe	13'00	6th

Subst record			
LEA 100 56.70			
Conference			
3000m	Kaitlin Kilburg	12:23.73	3rd
	Bree Moore	12:41.64	5th
4x800	Andrea Frank	Madeline Schro	
	Olivia Ambrose	Katie Flajel	10:30.22 1st
Shuttle Hodes	Kendal Kirk	Anna Lampe	
	Anthony Hill	Chelsea Kozelka	1:15.08 4th
100m	Molly Sieverding	12.84	1st
	Ashley Reed	13.51	6th
Distance medley	Bear Roth	Leah Witt	
	Paige Daugherty	Katie Flajel	4:32.35 3rd
400m	Anna Lampe		1:05.02 3rd
4x200	Molly Sieverding	Ashley Reed	
	Bear Roth	Paige Daugherty	1:52.16 1st
800	Katie Flajel	2:34.51	2nd
200	Molly Sieverding	27.20	2nd
	Paige Daugherty	28.38	6th
400 hurdles	Anna Lampe	1:15.18	2nd
Sprint medley	Bear Roth	Chelsea Kozelka	
	Ashley Reed	Olivia Ambrose	2:08.87 1st
1500	Madeline Schneider		5:44.07 1st
4x100	Molly Sieverding	Ashley Reed	
	Bear Roth	Paige Daugherty	51.70 6th
4x400	Andrea Frank	Anna Lampe	
	Leah Witt	Katie Flajel	4:25.34 5th

# Comet Relays 1<sup>st</sup>

Shot	3 <sup>rd</sup> JV Kayla Tott	25'3 1/2
Dismiss	JV Heather Fitzpatrick	50'4" (5 <sup>th</sup> )
	JV Mallory Koss	53'7" (3 <sup>rd</sup> )
3000	Kaitlyn Kilburg	12.29.87 (2 <sup>nd</sup> )
	Bree Moore	12.41.41 (3 <sup>rd</sup> )
4x500	Andrea Frank Madeline Schroeder Olivia Ambrosy Katie Fogel	10.22.67 (2 <sup>nd</sup> )
Shuttle Hurdle	Kendrakirk Anna Fricke Brittany Jill Chelsea Kozlowski	1:13.94 (5 <sup>th</sup> )
Distance med	Amber Mueller Brenna Reed Amika Meyer Amanda Templeton	5.08.33 (5 <sup>th</sup> )
100m	Ashley Reed	14.02 (5 <sup>th</sup> )
	Molly Steward	12.77 (1 <sup>st</sup> )
400 m	Anna Lampe	1.04.26 (2 <sup>nd</sup> )
	Leah Witt	1.05.63 (4 <sup>th</sup> )
JV 4x200	Amika Meyer Rachel Wilber Trisha Beckley Anna Fricke	2:04.61 (2 <sup>nd</sup> )
4x200	Molly Steward Ashley Reed Becca Roth Paige Daugherty	1:53.57 (2 <sup>nd</sup> )
800	Katie Fogel	2.31.56 (2 <sup>nd</sup> )
	Andrea Frank	2.39.01 (5 <sup>th</sup> )
400 hurdles	Anna Lampe	1:14.69 (2 <sup>nd</sup> )

JV Sprint med	Kendrakirk Amber Mueller Liz Cayton Nicole Sullivan	2:10.11 (4 <sup>th</sup> )
Sprint medley	Becca Roth Paige Daugherty Ashley Reed Leah Witt	1:59.52 (4 <sup>th</sup> )
1500	Madeline Schroeder	5.44.21 (4 <sup>th</sup> )
JV 4x100	Amika Meyer Trisha Beckley Liz Cayton Rachel Wilber	5:59.91 (3 <sup>rd</sup> )
4x100	Molly Steward Becca Roth Paige Daugherty Ashley Reed	5:15.2 (1 <sup>st</sup> )
4x400	Andrea Frank Anna Lampe Olivia Ambrosy Katie Fogel	4:33.98 (6 <sup>th</sup> )
Wt Womens	Heather Fitzpatrick Sara Hankamer Trisha Beckley Bree Moore	1:03.42 (3 <sup>rd</sup> )

# Districts

100m	Molly Steward	13.27 (2 <sup>nd</sup> )	State
200m	Paige Daugherty	27.4 (3 <sup>rd</sup> )	
400m	Leah Witt	1.06.39 (5 <sup>th</sup> )	
4x100	Molly Steward Ashley Reed Becca Roth Paige Daugherty	52.13 (3 <sup>rd</sup> )	
4x200	Molly Steward Ashley Reed Becca Roth Paige Daugherty	1:52.73 (3 <sup>rd</sup> )	
4x500	Andrea Frank Madeline Schroeder Olivia Ambrosy Katie Fogel	10:22.67 (6 <sup>th</sup> )	
Sprint med	Becca Roth Paige Daugherty Ashley Reed Leah Witt	2:01.04 (3 <sup>rd</sup> )	
Distance med	Molly Steward Anna Lampe Becca Roth Katie Fogel	4:26.97 (4 <sup>th</sup> )	

# State

100m prelims	Molly Steward	13.03
finals		13.36 (8 <sup>th</sup> )
200m prelims	Paige Daugherty	28.02 (20 <sup>th</sup> )
4x500	Andrea Frank Madeline Schroeder Olivia Ambrosy Katie Fogel	10:19.72 (19 <sup>th</sup> )
Distance med	Molly Steward Anna Lampe Becca Roth Katie Fogel	4:34.99 (21 <sup>st</sup> )
4x200	Molly Steward Ashley Reed Becca Roth Paige Daugherty	1:51.49 (20 <sup>th</sup> )
4x100	Molly Steward Ashley Reed Becca Roth Paige Daugherty	5:01 (7 <sup>th</sup> )



Best Efforts 2008

Shot	marissa herry	28'5 1/2"
Discus	Trisha Beckley	75'10"
High jump	Anna Friberg	4'4"
Long jump	Anna Lampe	14'6"
3000m	Bree Moore	12.19.03
4x800	Andreea Frank Olivia Ambrosy Kendira Kirk Brittany Till	Madeline Schroder Katie Flugel Anna Friberg Chelsea Kozelka
Shuttle		1.13.94
Distance med	Molly Sieverding Becca Roth	Anna Lampe Katie Flugel
100 m	Molly Sieverding	12.67
400 m	Anna Lampe	1.04.26
4x200	Molly Sieverding Ashley Reed	Becca Roth Paige Dougherty
800	Katie Flugel	2.28.72
200	Molly Sieverding	27.20
100 hurdles	Chelsea Kozelka	17.22
400 hurdles	Anna Lampe	1.12.81
1500	Madeline Schroder	5.38.67
Sprint med	Becca Roth Ashley Reed	Paige Dougherty Leah Witt

4x100	Molly Sieverding Becca Roth	Ashley Reed Paige Dougherty	7th street 51.01
4x400	Andreea Frank Olivia Ambrosy	Anna Lampe Katie Flugel	School record 46.23.89