

State Indoor - UNI

4x800 Cassie McDonald Maggie Kilburg
 Katie Fogel Courtney Grutz
 10:43.95 - 22 out of 81

60m Molly Steverding 8.42
 24 out of 209

Indoor at Cornell

4x800 E McDonald K Fogel
 K Kilburg C Grutz 10:35.33 (2nd)

55m Molly Steverding 7.97 (1st)

4x200 M. Steverding B. Brown
 A Reed B. Brown 1:58.65 (4th)

7500 Madeline Schneider 6:01.45 (3rd)
 Maggie Kilburg 6:02.76 (4th)

800 Katie Fogel 2:37 (2nd)
 Courtney Grutz 2:38 (3rd)

200 Molly Steverding 28.66 (3rd)

Long jump Becca Rutz 13'11" (5th)

300 Leah Witt 47.16 (3rd)

Camanche

4th

3000 Kaitlin Kilburg 12:58.77 (1st)

Maggie Kilburg 12:56.56 (2nd)

4x800 Cassie McDonald Katie Fogel
 Courtney Grutz Madeline Schneider 10:56.13 (1st)
 Kendra Kirk Brianna Brown 1:17.86 (4th)
 Shuttle Malorie Steffen Chelsea Korleka
 Tasha Akerska Olivia Ambrosy 5:38.56 (5th)
 Distance Rachel Wilborn Nicole Sullivan

100 Molly Steverding 12.58 (1st)

Ashley Reed 13.5 (6th)

400 Leah Witt 1:09.63 (4th)

Cassie McDonald 1:12.41 (5th)

4x200 Molly Steverding Brianna Brown
 Ashley Reed Chelsea Korleka 2:01.38 (4th)

800 ^{run} Courtney Grutz 2:39.46 (3rd)

Katie Fogel 2:41.26 (4th)

200 dash Molly Steverding 27.55 (3rd)

400 hurdles Kendra Kirk 1:28.41 (5th)

Anna Frieberg 1:33.91 (6th)

Sprint relay Kristi Valant Rachel Wilborn
 Lisa Layman Brianna Felt 2:02.24 (6th)

1500 Cassie McDonald 6:03.40 (3rd)

Maggie Kilburg 6:22.56 (5th)

4x100 Molly Steverding Brianna Brown
 Ashley Reed Chelsea Korleka 55.95 (1st)

4x400 Anna Frieberg Amanda Krapleton
 Olivia Ambrosy Kaitlin Kilburg 5:33.39 (5th)

High jump Brianna Felt 4'2" (5th)

Clinton (5th)

3000 m	Kaitlin Kilburg	12.48.34	(5th)
	Cassie McDonald	Katie Flögel	
4x800	Madeline Schroeder	Courtney Grutz	10.38.75 (3rd)
	Malorie Steffen	Brianna Brown	
Shuttle Hurdle	Kendra Kirk	Chelsea Kozelka	11.94 (1st)
100 m	Molly Sieverding	13.12	(2nd)
4x200	Molly Sieverding	Brianna Brown	(3rd)
4x800	Ashley Reed	Chelsea Kozelka	1.57.20
800	Katie Flögel	234.96	(4th)
	Courtney Grutz	238.50	(6th)
400 hurdles	Anna Frieberg	1.23.73	(6th)
200 m	Molly Sieverding	28.07	(5th)
Sprint medley	Kristin Valant	Rachel Wilbers	2.07.68 (4th)
	Liz Caughman	Leah Witt	
1500	Cassie McDonald	5.37.68	(6th)
4x100	Molly Sieverding	Ashley Reed	Brianna Brown
	Ashley Reed	Brianna Brown	54.02
		Chelsea Kozelka	
High jump	Breanna Fret	4'8"	(2nd)
	Anna Frieberg	4'4"	(5th)

NE (Third 2nd)

3000	Maggie Kilburg	12.51.44	(1st)
	Kaitlin Kilburg	12.58.43	(2nd)
100	Molly Sieverding	12.73	(1st)
	Cassie McDonald	Madeline Schroeder	(2nd)
4x800	Katie Flögel	Courtney Grutz	10.32.70
100 hurdles	Chelsea Kozelka	11.47	(4th)
	Kendra Kirk	Brianna Brown	
Shuttle Hurdle	Brianna Brown	Chelsea Kozelka	11.29 (6th)
JV 4x200	Kristin Valant	Liz Caughman	2.02.86
	Brianna Reed	Rachelle Fell	
4x200	Rachel Wilbers	Brianna Brown	1.59.07 (5th)
	Brianna Reed	Ashley Reed	
800	Courtney Grutz	2.35	(4th)
	Katie Flögel	2.37	(6th)
200 m	Molly Sieverding	27.23	(2nd)
JV Sprint	Kristin Valant	Kourtney Apperian	2.17 (6th)
	Liz Caughman	Amelia Mueller	
Sprint med	Molly Sieverding	Brianna Brown	2.00.91 (3rd)
	Chelsea Kozelka	Leah Witt	
1500	Cassie McDonald	5.24.06	(5th)
JV 4x100	Kristin Valant	Liz Caughman	58.55 (3rd)
	Ashley Reed	Malorie Steffen	
4x100	Molly Sieverding	Brianna Brown	53.27 (1st)
	Brianna Brown	Chelsea Kozelka	
4x400	Katie Flögel	Brianna Reed	4.37.25 (6th)
	Courtney Grutz	Leah Witt	

Tipton CO-ED (9th)

3000 m	Maggie Kilburg	13.02.48	(6th)
4x800	Courtney Grutz	Katie Flögel	10.28.35 (8th)
	C McDonald	M Schroeder	
Shuttle Hurdle	Malorie Steffen	Brianna Brown	1.13.97 (6th)
	Chelsea Kozelka	Brianna Brown	
100 m	Molly Sieverding	12.67	(2nd)
Distance medley	Molly Sieverding	Leah Witt	4.37.51
	Chelsea Kozelka	Courtney Grutz	(4th)
800	Katie Flögel	2.35.46	(3rd)
200	Molly Sieverding	27.85	(4th)
Sprint medley	Ashley Reed	Brianna Brown	2.01.32 (6th)
	Chelsea Kozelka	Leah Witt	
4x100	Molly Sieverding	Brianna Brown	54.07 (4th)
	Ashley Reed	Chelsea Kozelka	
4x400	Katie Flögel	Cassie McDonald	4.31.22 (6th)
	Courtney Grutz	Leah Witt	

Cascade (3rd)

High jump	Breanna Fret	4'4"	(5th)
3000	Kaitlin Kilburg	12.40.6	(5th)
	Maggie Kilburg	12.47.2	(6th)
4x800	C McDonald	Cond 2	
	K Flögel	M Schroeder	10.37.8 (1st)
Shuttle Hurdle	K Kirk	B Brown	11.31 (2nd)
	B Reed	C Kozelka	
100	Molly Sieverding	12.74	(1st)
	Ashley Reed	13.31	(5th)
400 m	Leah Witt	1.06.8	(2nd)
100 hurdles	Chelsea Kozelka	14.19	(2nd)
800 m	Katie Flögel	2.37	(1st)
	Courtney Grutz	2.37.8	(2nd)
200 m	Molly Sieverding	27.57	(1st)
400 hurdles	Kendra Kirk	1.23.3	(5th)
	Anna Frieberg	1.24.3	(6th)
Sprint medley	A Reed	B Brown	2.03 (2nd)
	C Kozelka	L Witt	
1500	Cassie McDonald	5.35.3	(4th)
	Madeline Schroeder	5.46.1	(5th)

Magnum Keta

7th

4x500 Cassie McDonald 10.37.19 (4th)
 Maggie Kilburg
 Katie Fogel
 Madeline Schroeder

JV 4x500 Brianna Frett (2nd)
 Olivia Ambrosy 11.52.09
 Nicole Sullivan
 Amada Mueller

100m Molly Steverding 13.28 (3rd)

Distance med Molly Steverding (3rd)
 Becca Roth
 Leah Witt
 Courtney Gritz

JV Distance med Trista Pabaska 5:11.55 (4th)
 Rachel Wilbers
 Olivia Ambrosy
 Brianna Reed

Conference

3000m Kaitlin Kilburg 12:42.32 (3rd)

Maggie Kilburg 12:52.35 (4th)

4x500 C McDonald M Schroeder
 B Frett K Fogel 10.45.59 (2nd)

Shuttle Hand K Kirk B Brown
 B Roth C Kozelka 1:11.47 (2nd)

100m Molly Steverding 12.87 (1st)

Distance Med M Steverding L Witt
 B Roth C Gritz 4:32.14 (2nd)

4x200 R Wilbers B Reed
 B Brown A Reed 2:00.11 (6th)

100 hurdles Chelsea Kozelka 16.96 (6th)

800m Courtney Gritz 2:31.76 (3rd)

Katie Fogel 2:34.76 (5th)

200m Molly Steverding 27.41 (2nd)

400m hurdles Anna Frieberg 1:19.37 (5th)

Sprint med B Roth B Brown
 C Kozelka L Witt 2:00.37 (4th)

1500 Cassie McDonald 5:31.50 (4th)

Madeline Schroeder 5:37.27 (6th)

4x100 M Steverding A Reed
 B Roth C Kozelka 52.52 (1st)

4x400 K Fogel B Frett
 C Gritz L Witt 4:28.93 (6th)

JV 4x200

Kristin Valant
 Liz Laughon 2:06.07
 Ashley Reed
 Rachel Wilbers (3rd)

800 Katie Fogel 2:31.96 (1st)
 Courtney Gritz 2:32.99 (3rd)

1500 (5th) Cassie McDonald 5:29.93

4x100 Molly Steverding (2nd)
 Becca Roth 52.76
 Ashley Reed
 Chelsea Kozelka

Court Relays

1st

3000 Maggie Kilburg 12:47.71 (3rd)

Kaitlin Kilburg 12:51.53 (2nd)

4x500 C McDonald M Schroeder
 K Fogel C Gritz 10:18.27 (1st)

Shuttle Hand K Kirk B Brown
 B Roth C Kozelka 1:14.99 (3rd)

Distance med T Pabaska A Thompson
 R Wilbers A Mueller 5:09.56 (6th)

100 Molly Steverding 12.81 (1st)

Ashley Reed 14.23 (6th)

400 Leah Witt 1:06 (3rd)

Olivia Ambrosy 1:09.69 (6th)

4x200 M Steverding B Brown
 B Roth C Kozelka 1:52.23 (1st)

800 Katie Fogel 2:30.92 (3rd)

Courtney Gritz 2:31.16 (4th)

200 Molly Steverding 27.21 (1st)

400 hurdles Anna Frieberg 1:20.81 (6th)

1500m Cassie McDonald 5:38.91 (2nd)

Maggie Kilburg 5:49.69 (6th)

Sprint med B Roth B Brown
 C Kozelka L Witt 2:02.41 (6th)

4x100	m Sieverding B Roth	A Reed C Korolka	54.35	(3rd)
4x400	K Fogel C Grutz	O Ambrosy M Schneider	4:37.39	(5th)
Wt women	A Ries K Bulde	E Cassel Lena		(2nd)

JV Discus	Atesha Ries	61'11"	(3rd)	
	Kinsy Bulde	66'3"	(5th)	
JV 4x800	B Frett B Reed	O Ambrosy N Sullivan	11.41.57	(1st)
JV 4x200	Kvalant R Wilbur	A Reed R Fell	57.7	(3rd)
JV Sprint med	T Patarka K Hoppenjan	B Reed A Temple	2:13.56	(5th)
JV 4x100	Kvalant R Wilbur	B Brown R Fell	57.7	(3rd)

Districts

4x800	C McDonald K Fogel	M Schneider C Grutz	10.01.22	(5th)
Shuttle	K Kirk B Roth	B Brown C Korolka	1.11.47	(4th)
100m	Molly Sieverding		12.96	(2nd)
Distance	m Sieverding B Roth	B Brown C Grutz	4:30.51	(5th)
4x200	m Sieverding B Roth	B Brown C Korolka	1.51.66	(4th)
800	Katie Fogel		2:29.88	(6th)
Sprint med	A Reed B Brown	Leah Witt C Korolka	1:58.75	(6th)
4x100	m Sieverding B Roth	A Reed C Korolka	52.37	(2nd)

State 2007

100m	Molly Sieverding	pre 12.94	(7th) Finals 13.35
4x800	Cassie McDonald Katie Fogel Madeline Schweizer Courtney Grutz		10.14.74 (21st)
4x100	Molly Sieverding Becca Roth Ashley Reed Chelsea Korolka		52.77 (21st)

Best Efforts 2007

Shot	Kinsy Bulde	27'4 1/4"	
Discus	Stef Haxmeyer	81'8"	
High jump	Breanna Frett	4'8"	
Long jump	Becca Roth	13'11"	
3000m	Kaitlin Kilburg	12:20.62	
4x800	C McDonald K Fogel	M Schneider C Grutz	10.01.22 (21st) State qualifier 10:14.74 (21st)
Shuttle	K Kirk B Roth	B Brown C Korolka	1.11.47
100m	Molly Sieverding		12.58 (7th) State qualifier B 39 School record
Distance med	m Sieverding B Roth	L Witt C Grutz	4:30.51
400m	Leah Witt		1:06.00
4x200	m Sieverding B Roth	B Brown C Korolka	1.51.66
100 hurdles	Chelsea Korolka		16.19
800m	Katie Fogel		2:29.88
200m	Molly Sieverding		27.21
400 hurdles	Anna Friberg		1:19.37

Sprint med	A Reed B Roth	B Brown L Witt	1:58.75
1500m	Cassie McDonald		5:18.91
4x100	m Sieverding B Roth	A Reed C Korolka	52.37
		State qualifier	(21st) 52.77
4x400	K Fogel C Grutz	B Frett L Witt	4:28.93