

1997

Conference Indoor - Cornell

Shot put	Amanda Junk	31'14"	3rd
High jump	Aimee Breitfelder	4'10"	3rd
4x800	Kate Roth Joannaties Jill Chantas Crystal Cream	* School record 12:32.8	6th
55m hurdles	Julianne Brooks	9.72	2nd
	Kelley Michels	9.78	4th
4x200	Missy Sheehy Kystal Till	Aimee Breitfelder Kelly Michels	2:00.3 6th
800m run	Crystal Cream	2:51.96	3rd
200m dash	Aimee Breitfelder	29.09	3rd

Clinton

Discus	Lacey Beran	75'1"	4th
Long jump	Lisa Roth	14'6 1/2"	3rd
Shuttle Hurdles	Kelley Michels Jody Helar	Kate Roth Julianne Brooks	1:13.527 1st
100m hurdles	Jody Helar	17.46	1st
	Julianne Brooks	18.06	4th
Shot put	Charity Schroeder	25'11"	5th
Distance medley	Lindsay Gibbs Erin Neubert	Lisa Roth Carrie Mueller	5:17.07 6th
4x200	Lindsay Gibbs Erin Neubert	Kystal Till Kelley Michels	2:01. 5th
Discus	Charity Schroeder	74'9"	5th
Sprint medley	Sara Kubik Shelby Kigery	Kystal Till Kate Roth	2:12.99 6th
4x100	Sara Kubik Shelby Kigery	Erin Neubert Kystal Till	58.23 5th
4x400	Carrie Mueller Alliventray	Angie Reed Angela Brown	5:11.58 6th

Beckman

High jump	Missy Sheehy	4'6"	1st
	Aimee Breitfelder	4'6"	2nd
Shot put	Amanda Junk	31'1 1/4"	1st
Discus	Amanda Junk	96'8"	1st
	Charity Schroeder	76'10 1/2"	4th
3000m	Carrie Mueller	13:32.7	1st
Shuttle Hurdley	Jody Helar Julianne Brooks	Aimee Breitfelder Kelly Michels	1:09.89 1st
100 hurdles	Julianne Brooks	17.29	3rd
	Jody Helar	18.11	5th
Distance medley	Lindsay Gibbs Erin Neubert	Alliventray Crystal Cream	5:05.21
4x200	Lindsay Gibbs Kelley Michels	Kystal Till Aimee Breitfelder	1:58.24 4th
800	Crystal Cream	2:45.29	
Sprint medley	Shelby Kigery Lindsay Gibbs	Erin Neubert Kystal Till	2:02.77 4th
4x100	Julianne Brooks Jody Helar	Missy Sheehy Kystal Till	57.75 3rd
4x400	Carrie Mueller Alliventray	Kelley Michels Crystal Cream	5:10.99

Northeast

4x800	Joannaties Crystal Cream	Amanda Junk Angela Brown	12:47.59 6th
High jump	Missy Sheehy	4'8"	5th
	Aimee Breitfelder	4'6"	6th
Discus	Amanda Junk	93'8"	5th
Shot	Amanda Junk	33'1"	4th
Shuttle Hurdle	Missy Sheehy Jody Helar	Kate Roth Julianne Brooks	1:15.05 1st
400m dash	Aimee Breitfelder	1:06.52	2nd
100 hurdles	Jody Helar	17.50	4th
	Julianne Brooks	17.76	3rd
200	Aimee Breitfelder	29.3	29.4 3rd
4x100	Lindsay Gibbs Jody Helar	Julianne Brooks Shelby Kigery	59.6 6th

Midland

Shot	Amanda Junk	33'6 1/2"	1st
	Charity Schweder	27'4"	3rd
Discus	Amanda Junk	84'7"	3rd
	Lacey Beran	76'7"	5th
High jump	Aimee Breitfelder	4'6"	2nd
	Missy Sheehy	4'4"	5th
Long jump	Lisa Roth	13'9"	2nd
	Krystal Till	13'0"	5th
3000m	Cassie Mueller	13:45.88	4th
	Jill Chantos	15:43.6	6th
4x800	Lisa Roth, Steph Sievending, Angie Reed, Katie Roth	13:10	4th
Shuttle Hurdle	Missy Sheehy, Aimee Breitfelder, Jody Heiar, Julianna Brooks	1:14.05	1st
Distance medley	Lindsay Gibbs, Angela Brown, Erin Neubert, Crystal Crum	5:19.83	3rd
4x200	Lindsay Gibbs, Erin Neubert, Krystal Till, Aimee Breitfelder	2:03.05	1st
100 hurdles	Julianna Brooks	17.9	2nd
	Jody Heiar	18.24	3rd
500	Crystal Crum	2:51.7	2nd
300 hurdles	Kelley Michaels	56.2	2nd
	Katie Roth	1:00.39	3rd
Sprint medley	Missy Sheehy, Krystal Till, Erin Neubert, Aimee Breitfelder	2:09.7	1st
4x100	Julianna Brooks, Missy Sheehy, Jody Heiar, Krystal Till	59.02	2nd

4x400	Kelley Michaels, Allison Tracy, Katie Roth, Crystal Crum	5:14.21	2nd
-------	--	---------	-----

Cascade

High jump	Aimee Breitfelder	4'6"	3rd
	Missy Sheehy	4'4"	8th
Shuttle Hurdle	Aimee Breitfelder, Julianna Brooks, Jody Heiar, Kelley Michaels	1:11.9	1st
4x800	Angela Brown, Katie Roth, Jill Chantos, Angie Reed	12:35.87	7th
9/10 Distance med	Steph Sievending, Katie Roth, Allison Tracy, Jill Chantos	5:33.41	8th
Distance med	Lindsay Gibbs, Cassie Mueller, Erin Neubert, Crystal Crum	5:09.09	6th
4x200	Lindsay Gibbs, Krystal Till, Kelley Michaels, Aimee Breitfelder		
800	Crystal Crum	2:51.67	6th
Sprint medley	Missy Sheehy, Krystal Till, Erin Neubert, Aimee Breitfelder	2:06.81	3rd
100 hurdles	Jody Heiar	17.82	5th
	Julianna Brooks	17.83	6th
9/10 Sprint med	Shella Chantos, Allison Tracy, Lisa Roth, Angela Brown	2:22.8	6th

Maguoketa

Shuttle Hurdle	Kelley Michaels, Julianna Brooks, Jody Heiar, Aimee Breitfelder	1:10.23	6th
Pls 100m	Steph Sievending	14.66	4th
4x200	Lindsay Gibbs, Krystal Till, Kelley Michaels, Aimee Breitfelder	1:54.2	4th
Sprint medley	Lindsay Gibbs, Erin Neubert, Kelley Michaels, Aimee Breitfelder	2:00.65	3rd

Conference

Shot	Amanda Junk	31'2"	5th
Discus	Amanda Junk	94'	4th
High jump	Aimee Breitfelder	4'6"	5th
4x800	Jill Chantos, Angie Reed, Cassie Mueller, Angela Brown	12:59.78	6th
Shuttle Hurdle	Kelley Michaels, Jody Heiar, Julianna Brooks, Katie Roth	1:13.35	1st
4x200	Kelley Michaels, Krystal Till, Aimee Breitfelder, Lindsay Gibbs	2:01.69	5th
100 hurdles	Jody Heiar	17.39	3rd
	Julianna Brooks	17.34	2nd
200	Krystal Till	30.3	6th
Sprint medley	Lindsay Gibbs, Aimee Breitfelder, Erin Neubert, Krystal Till	2:06.06	4th
4x100	Julianna Brooks, Jody Heiar, Aimee Breitfelder, Missy Sheehy	57.06	4th
4x400	Allison Tracy, Jill Chantos, Cassie Mueller, Crystal Crum	5:22.09	6th

Camanche

Shot	Charity Schroeder	27'8"	4th
Discus	Lacey Beran	74'11"	5th
High jump	Almee Brettfelder	4'8"	1st
	Missy Sheehy	4'4"	4th
Long jump	Lisa Roth	14'1"	1st
	Krystal Till	12'3 1/2"	6th
4x500	Jill Chantel, Angela Brown, Angela Reed, Carrie Mueller	12:23.47	2nd
Shuttle Hurdle	Julianna Brooks, Kelly Michels	1:02.7	1st
	Almee Brettfelder, Jody Hear, Erin Neubert, Katie Roth		
Distance medley	Krystal Till, Crystal Crum	50:42.7	4th
100	Missy Sheehy	14.46	6th
4x200	Lindsay Gibbs, Kelly Michels, Krystal Till, Almee Brettfelder	1:55.05	2nd
100 hurdles	Missy Sheehy	18.15	2nd
	Katie Roth	18.4	3rd
800	Crystal Crum	2:45.52	2nd
200	Krystal Till	28.97	3rd
400 hurdles	Katie Roth	1:19.7	5th
Sprint medley	Missy Sheehy, Erin Neubert, Alysea Tracy, Lisa Roth	2:15.82	5th
wt 4x100	Lacey Beran, Charity Schroeder, Amanda Avila, Sunny Klug	1:01.8	2nd
4x100	Julianna Brooks, Kelly Michels	55.22	2nd
4x100	Jill Chantel, Carrie Mueller, Crystal Crum, Angie Reed	5:02.93	4th

Districts

Shot	Amanda Junk	33'5"	4th
High jump	Almee Brettfelder	4'10"	6th
Shuttle Hurdle	Jody Hear, Almee Brettfelder, Kelly Michels, Julianna Brooks	1:09.02	3rd
4x200	Lindsay Gibbs, Kelly Michels, Krystal Till, Almee Brettfelder	1:52.85	5th
Sprint medley	Lindsay Gibbs, Erin Neubert, Kelly Michels, Almee Brettfelder	2:00.16	4th

Best Efforts 1997

Shot	Amanda Junk	33'6" 1/2
Discus	Amanda Junk	96'8"
Long jump	Lisa Roth	14'6" 1/2
High jump	Almee Brettfelder	4'10" (School record)
3000m	Carrie Mueller	13:32.6
Shuttle Hurdle	Kelley Michels, Jody Hear, Almee Brettfelder, Julianna Brooks	1:09.02
Distance medley	Lindsay Gibbs, Carrie Mueller, Erin Neubert, Crystal Crum	4:53.66
100m	Steph Sieverding	14.66
400m	Almee Brettfelder	1.06
100m hurdles	Julianna Brooks	17.34
4x200	Lindsay Gibbs, Kelley Michels, Krystal Till, Almee Brettfelder	1:51.65
4x100	Julianna Brooks, Krystal Till, Jody Hear, Almee Brettfelder	55.39
4x400	Jill Chantel, Carrie Mueller, Crystal Crum, Angie Reed	5:02.63
200	Krystal Till	28.97
4x800	Jill Chantel, Angela Brown, Angie Reed, Carrie Mueller	12:23.47
Sprint medley	Lindsay Gibbs, Kelly Michels, Erin Neubert, Almee Brettfelder	2:00.16
400 hurdles	Katie Roth	1:19.7

State 1997

Shuttle Hurdle	Kelley Michels	1:09.55
	Jody Hear	17th
	Almee Brettfelder	
	Julianna Brooks	
4x200	Kelley Michels, Lindsay Gibbs, Krystal Till	1:51.65
	Almee Brettfelder	20th