

1989

Northeast Indoor Meet

Sara - shot put 35'2 1st place
 Jody E - high jump 4'2 3rd place
 Lana D - 3000 m run 13:13.17 3rd place
 Amy B, Jennie E, Sarah, Jenny E 4x200 2:04 3rd place
 Lana D - 1500 m run 5:57.18 4th place
 Sarah 55 m low hurdles 9:37 - 1st place
 Jackie, Tracy K, Traci F, Lana 3200 m relay 12:28 3rd place
 Jody E, Kim S, Cindy R, Jenny E 4x400 5:02 5th place

3rd place overall

Northeast 87.5
 Preston 83
 Bellevue 41.5
 Alburnett 41
 Andrew 26
 Lincoln -21
 EL-9 Calamus/Wheatland 19

Maguaketa Valley

Sara - shot put - 31'9 3/4 4th place
 Jenny E - long jump 14'9" 5th place
 Sara - 100m hurdles 17.2 1st place
 Jenny E 200 m dash 29.28 5th place

North Lima - 86 North Fairport 39
 Monticello 69 East Buchanan 32
 Maguaketa Valley 57 Beckman 32
 Maguaketa 40 Anamosa 30
 12th place 15 pts

Assumption 30 Center Point 10
 Cascade 29 Springville 10
 Starnant 23 Central City 4
 Bellevue 12 Olm 0

Dewitt triangular (Dewitt) (Comanche)

Sara - shot put 33'8 2nd place
 Jenny E long jump 15'6 1/4 2nd place
 Heidi P high jump 4'9" 1st place
 Argle N 100 m dash 15.6 3rd place
 Cindy R 400 m dash 81 4th place
 Amy B, Jody Eggers, Kim Squiter, Jenny E 4x200 2:03 1st place
 Sarah 100 m hurdles 17.3 1st place
 Jenny E 200 dash 30.4 3rd place
 Jody C 400 hurdles 1:21 3rd place
 Amy B, Jennie F, Jody E, Sara 4x100 5:09.95 2nd place

Dewitt 633
 Comanche 48
 Bellevue -33

Comanche Relays

Heidi P high jump 4'6" 3rd place
 Jenny E long jump 14'5 1/2" 2nd place
 Heidi P, Jody C, Card 4x500 9:54.95 2nd place
 Dawn M, Cindy R, Kim S, Sara Shuttle hurdles 1:20.2 3rd place
 Sara shot put 4x200 35'6" 2nd place
 Amy B, Jill G, Eggers, Jenny E 1:57.99 3rd place
 Jackie M, Jennie F, Kim S, Jodi D. 4x100 1:00.30 (17 blons) 3rd place
 Eggers, A. Budde, C. Gehl, E. Hied Sprint relay 2:10 3rd place
 T. Keuter, Frees, Thieson, Coe, Pelt 4x100 1:03.78 3rd place (w/ women)
 Budde, T. Eggers, E. Hied, L. Swanson 4x100 5:54.6 2nd place

4th place overall

Preston Andrew 41
E.C. Double Dual at Bellevue (Preston E.C. Andrew)

Sara L	Shot put	33'7"	1st place
Teresa	Shot put	29'11 1/2"	2nd place
Squiers	Discus	85'10"	2nd place
Teresa	Discus	76'7"	4th place
Heidi P	High jump	4'6"	1st place
Culbertson	High jump	4'2"	4th place
Eschried	Long jump	14'1 1/4"	1st place
Culbertson	2 mile	13:36	1st place
Dawn M. Sara Kim S. Sara	Shuttle hurdle	1:19.38	1st place
Til Eggers	100m dash	15:34	4th place
Roth	440 dash	1:16	3rd place
Buddy Eggers Eschried Culbertson	4x200	2:06	1st place
Sara	100m hurdles	17	1st place
Tina F	880 run	3:24.57	4th place
Eschried + Eggers	220	29.91 (tie)	1st place
Culbertson	440 hurdles	1:22	1st place
Squiers	mile	7:29	3rd place
Buddy Eschried Eggers Livermore	4x100	57.8	1st place

Northeast Invitational

Squiers	Discus	87'06"	5th
Livermore	Shot	33'11 3/4"	1st
Eschried	long jump	14'04	3rd
Culbertson	2 mile	13:22.4	3rd
Michelle Schneider Squiers Livermore Buddy Eschried Eggers	Shuttle hurdle	1:19.86	2nd
Eggers	880 relay	2:06.02	3rd
Livermore	100m hurdles	17.8	1st
Eschried	220 dash	30.18	4th
Culbertson	440 hurdles	1:20.11	3rd
Eschried Buddy Til Eggers Livermore	440 relay	58.66	2nd

Cascade Invitational

Sara - Shot put	1st
Sara Dawn Lisa Kim - Shuttle hurdle	3rd
Jenny E 220	3rd
Sara 100m hurdles	2nd

Clinton Relays

Kim S	Discus	92'1"	6th place
Jenny E	Long Jump	14'9 1/4 (CLINTON RECORD)	1st place
Sara	Shot put	34'4"	2nd place
Jody C	2 mile	12:25.69	2nd place
Kim S Sara L	Shuttle hurdle	1:15.54	1st place
Sara	100m hurdles	17.046	2nd place
Lissa	100m hurdles	18.157	6th place
Jenny E	200m dash	28.17	2nd place
Buddy Eschried Eggers Livermore	4x100	55.499	4th place
6th place - 48 pts			

Maquoketa

Heidi P	H. jump	4'8"	3rd
Sara	Shot put	34'16"	1st
Sara	100m hurdles	16.8	1st
Jenny E	Long jump	14'11	4th
Jenny E	220 dash	29.42	4th
Jody C	3000m run	12:07.55	4th
School record			

Comet Relays

Jenny E	long jump	13'9"	3 rd place
Jody E	Long jump	12'8"	4 th place
Sarah	shot put	36.1	1 st place
Jody C	2 mile run	13:42.67	2 nd place
Deanna Kim Sara Kins Sara S	Shuttle hurdle	1:17.45	2 nd place
Stevendy Carpenter Brothers Halme	Distance medley	5:37.96	6 th place
Sara	100m hurdles	16.82	1 st place
Budda Griebel Jeggens Eischied	4x200	1:59.72	1 st place
Jody C	400 hurdles	1:20.70	5 th place
Jenny E	220 dash	29.45	1 st place
Jody E	220 dash	30.95	5 th place
Fred Puff Budda Callahan	Sprint Medley	2:12.41	5 th place
Budda Jeggens Loomis Eischied	4x700	56.2	1 st place
Roth, Rubel, Jeggens Puff	mile relay	5:29.69	4 th place

Districts

Sara	1st - shot put	32-6 ^{1/2}
Kim S.	4th dash	101' 8"